

Instructions for Diabetics and their Medications

For patients taking oral medications (pills or tablets by mouth) to control blood glucose:

- The **NIGHT** before your procedure, take your usual dose
- The **MORNING** of your procedure, **hold your usual dose**

For patients taking injectable medications (Insulin) to control blood glucose:

- The **NIGHT** before your procedure, take your usual dose at the usual time
- The **MORNING** of the procedure:
 - **Regular Insulin-DO NOT take the MORNING** of your procedure
 - **NPH, Lantus,70/30-Take half** your usual dose the **MORNING** of your procedure

It is important to check your blood glucose level at home, at least 5 hours prior to your scheduled endoscopy. **If your glucose is less than 60, drink 8oz of apple juice.** When you arrive for your procedure, let the nurses know what your blood glucose level was at home.

Per your endoscopy prep instructions: You must be NPO (nothing by mouth) 4 hours prior to your endoscopy procedure – this includes water.